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| Name: SMT. VINUTHA K | Reg No: 028-6SMHC19 |
| Age / Sex:48/F | Contact No:9740394776 |
| Marital Status:29 YEARS | Date:29/6/19 |
| Occupation:TEACHER EXCEPT KANNADA AND HINDI. PRIMARY AND MIDDLE. PRIVATE. SOCIAL SERVICES 27 YEARS OF TEACHING EXP. | Dr. PJFP |
| Address:NATIVE OF BLORE. | DIAGNOSIS- |

1. 2017 FEB COUGH. TOOK SYRUPS FR 2 MONTHS. TURNED TO ALLERGIC COUGH. MANY ANTIBIOTICS. > LEFT SIDE LYING ON AND PUTTING THE HEAD OUT OUF THE BED.

* TOOK HOMOEO ALSO BUT STILL THERE. <EVENING NIGHT , EALRY MORNING.
* IF SWITHCES OFF THE FAN FEELS HOT AND UNEASY.
* DIAGNOSED WITH HYPOTHYROID. 70MG/DL.
* DM – PPBS 336 MAY GENERAL CHECK UP. FELL SICK IN DECEMBER 2016 STARTED OF WITH BP.

1. SKIN DARK SPOTTED ON THE FACE HEREDITARY. TAKING ALLO RX FR IT. AFTER PREGNANCY IT STARTED.
2. HAVE A CHOKE IN THE THROAT ALWAYS. I FEEL SOMETHING CAUGHT AND SWOLLEN HERE. I FEEL BECAOUS OF THYROID MAYBE. SMBODY IS HOLDING IT. 15 DAYS BACK ONWARDS.
3. MOTIONS ARE INCOMPLETE. FEELS SOMETHING IS COME OUT SINCE 10 YEARS. BECOME A BLOCK LIKE THIS.

* OCT 23 2016 FELT THER WAS WEAKNESS AND COULDN’T GET UP AFTER THT IN DEC GOT FEVER.
* FROM 5-6 YEARS I FEEL ALONE, IM UNHAPPY AND SOMETIMES OPP. FROM 5 YEARS IRREGULAR CYCLES SAYS HER MENOPAUSE HAS SET IN.
* I GEL WITH PEOPLE AND M COMFORTABLE.
* I FEEL I CANT DIGEST IF MY SON COMES HOME LATE. MAYBE HE MAY NOT SHARE WITH ME.
* I’M ALSO A POSITIVE THINKER.
* I DO SOCIAL SERVICES.
* I WANT TO GIVE BACK IF ANYBODY BACKSTABS ME.
* DREAMS ABOUT SCHOOL ISSUES.
* LIKES VEGETARIAN. DNT LIKE SINCE CHILDHOOD. MASALA I DON’T LIKE. LIKES IDLI DOSA ANNAM SAMBAR.
* I DNT LIKE TO MISGUIDE ANYONE WHO COMES TO ME. IN MY POORVA JANMA I HAVE DONE SMTHNG WRONG SO IM HAVING ALL THESE ISSUES. SO LET ME DO GOOD AND GET SOME PUNYA. IM LAZY.
* LIKE WATERMELON. NO BUTTER MILK OR CURD DUE TO COUGH.
* LEFT EYE SWOLLEN AND WATER.
* 3-4 MONTHS FEELS FOUL SMELL.
* BURP A LOT. INTAKE IS POOR. FEELS STOMACH IS FULL.
* WEIGHT GAIN FROM 2001. PUFFY BODY.
* PEOPLE ARE JEALOUS OF ME THT M GOOD AT MY WORK N ENCOURAGE OTHERS TOO.
* BOILS AND SKIN ERUPTION ALL OVER CHEST UNDER BREASTS AND THE FACE.
* ITCHING A LOT. PUT ABSORB POWDER AND VERY OFFENSIFE DISCHARGES.
* FORCEPS DELIVERY. HAD SOME STITCH THT DIN HEAL WELL DUE TO GETTING CUT. THTS Y THE BOND BTWN HER CHILD IS MUCH WITH FAMILY.
* LIKES COLD WEATHER.
* I DNT CLIMB AS I CLIMB I FEEL DIZZY. WONT CLIMB LADDER STOOLS …
* BIOPSY – DARRIER SKIN DISEASE; DOWLING DIGO.

RX:

1. LACHESIS/IGNATIA/THUJA 200 4-4-4-4
2. SPONGIA 1M / THYROIDINUM 1M 4-4-4-4
3. BRY/ANTIM 1M SOS
4. BAC 1 DOSE STAT
5. SYRUP 2 TSPS – SOS.
6. RUB 15 TABS B/FOOD.

13/07/19: cough morning and before bed. 3-4 min. comparatively feels better. Chokes in the throat. Submandibular region. Feeling tired. Social work.

Rx:

RX:

1. LACHESIS/IGNATIA/THUJA 1m 4-4-4-4
2. SPONGIA 1M / THYROIDINUM 1M/bromium 1m 4-4-4-4
3. BRY/ANTIM 1M SOS
4. BAC 1 DOSE STAT
5. SYRUP 2 TSPS – SOS.
6. RUB 15 TABS B/FOOD.
7. Acid phos1m/ carcinosin 1m/ merc sol 200 – 4-4-4-4
8. Sygizium tabs 4-4-4-4.

27/7/19: cough 60% better. Little dust definitely getting cough. Suddenly feeling scared and wants to cry from 4 days. Root of the nose having pain. Sleep quality has improved. Now able to sleep in 30min to 45 min. has a problem with her colleague who said to quit the job. Feels the neck submandibular swelling reduced. Likes teaching her.

Rx:

1. Acid phos 1m/ merc sol1m – 4-4-4-4
2. Spongia1m/thyroidinum1m/brom1m – 4-4-4-4
3. Bac 1m – 1 dose stat
4. Rub 21 – 1 dose night b/food.
5. LACHESIS/IGNATIA/THUJA 1m 4-4-4-4
6. Vit D – 1 tab mng b/food.
7. Alfalfa/avena/ginseng/gymnema Q– 15-15-15 a/food water.
8. Cal sulph 200 – 7 doses – 1 dose 3 days once mng b/brush